

# **Infection Prevention Policy**



This policy is written by Accept Ability Always.

When you see the word 'we', this means Accept Ability Always.



A policy tells you how we will work with you.

This policy is written in an easy to read way.

We use pictures to explain some ideas

**Bold** Not Bold

We have written some words in bold. This means the letters are thicker and darker.

We explain what these words mean.

# **About this Policy**



**Infection Prevention** is how we try to work together so that people do not get sick.



This policy will tell you about how to help prevent infections by:

- Being careful when you are not well
- How to cough and sneeze
- Good handwashing
- Cleaning
- Using equipment

This policy will also tell you how we can help by:

- Knowing your health needs
- Following your plans
- Helping you make a plan
- Giving you more information

## **Preventing Infection**



If you are feeling sick, it is good to tell people who are supporting you. This will mean people can help you and make sure you are okay.



Please tell Accept Ability Staff if you are sick before we meet. We will talk with you about what you want to do and how we can help.



It is important to have clean hands to keep infection away. You can do this by washing or sanitising your hands.

It is very important you do this:

• After using the toilet



- After sneezing, coughing or blowing your nose
- Before and after eating



Sickness can spread when people sneeze or cough.



If you sneeze or cough, cover your mouth with a tissue and throw it away. If you do not have a tissue, sneeze or cough into your elbow (not into your hands).



Wash or sanitise your hands after coughing or sneezing.



If you or someone else is very sick people might need to wear extra equipment to keep safe.

This could mean wearing:



• Face masks



- Gloves
- Aprons or gowns

If your equipment does not feel right it might not fit correctly.

Please tell us or someone else who can help.



Keeping things clean and using good soaps is important.



Staff at Accept Ability Always will keep to these steps to help keep everyone well.You can ask any staff for help with infection prevention.

### How we can help



We will talk with you about whether you have any health conditions that mean we have to be more careful about infection prevention.

Some people have a plan about what will happen if they are not well. If you have a plan and let us know, we will follow this plan.

If you do not have a plan and want one, we can help you write one.

We will make sure we take infection prevention steps in this policy.

Please tell us if you want more help with how to prevent infection.

## More about this Policy



We will help you with any questions you have about this policy. You can talk to any staff at Accept Ability Always.







If you think we have not followed this policy we want to know. You can tell us by:

- Talking to anyone from Accept Ability Always.
- Email <u>feedback@acceptabilityalways.com.au</u>

- Ŵ
- Call Christine Figueiredo on 0450 132 088



If you are not happy about what has happened you can make a complaint.



NDIS Quality and Safeguards Commission You can let the NDIS Commission know by:

- Calling 1800 035 544
- Filling an online form on this website

You can let the Health and Disability Services Complaints Office know by:

- Calling 1800 813 583
- Filling an online form on this website



This policy was written in October 2024.

If we change the policy, we will put a new easy read on this website.